



Cardio Metabolic Disease: Regional Perspective

EDEC + PES Collaboration

"Empowering Lives: Uniting Against Diabetes – Metabolic Disorders Through Collaborations."

Friday, February 7 2025

Dubai World Trade Centre - Abu Dhabi B

Join us at the diabetes conference, 'Empowering Lives: Uniting Against Metabolic Disorders Through Collaboration', where global experts converge to share innovative solutions, cutting-edge research, and best practices.

Together, let's bridge gaps, foster partnerships, and transform lives affected by metabolic disorders, ultimately creating a healthier, more empowered future for all. Metabolic Disorders and Diabetes are prime risk factor for cardiovascular disease (CVD).

Diabetes – Cardio – Metabolic axis has emerged as pivotal culprit of a major public health problems. There is **high prevalence of diabetes and its complications**, which is a great challenge to the existing health care system.

AIMS:

We expect an experience where this CME provides platform for case based discussion and experience sharing, to empower each one of us to develop skills for treating Metabolic disorders, Diabetes and its complications with a patient centered approach.

OBJECTIVE:

It will be an opportunity for the experts to exchange their experiences and inculcate desire for exploration areas of improvement needed in physician's respective practices.

Program Chairs:

Dr. Fatheya Alawadi - Past President: EDEC

Dr. S. Abbas Raza - Immediate Past President: International Society of Endocrinology

Dr. Ayesha Shiekh - President: Pakistan Endocrine Society

Moderator:

Dr. Juma Alkabi

Dr. Ali Asghar

Time	Topic	Presenter
17:30 – 17:40 PM	Welcome remarks and course Introduction	Dr. Fatheya Alawadi Dr. Abbas Raza Dr. Ayesha Sheikh
17:40 – 17:55 PM	Prevalence of Cardiovascular Disease and Risk Factors in UAE	Dr. Fatheya Alawadi
17:55 – 18:10 PM	Prevalence of Cardiovascular Disease and Risk Factors in Newly Diagnosed Patient with Diabetes in Pakistan	Dr. Abbas Raza
18:10 – 18:30 PM	How to Manage Cardiometabolic Disease in High Socio-Economic Countries	Dr. Khadija Hafidh
18:30 – 18:50 PM	Challenges of Managing Cardiometabolic Disease in low – middle income countries	Dr. A H Aamir
18:50 – 19:10 PM	Role of Education in Cardiometabolic Diseases	Dr. Mohamed Hassanein
19:10 – 19:30 PM	Panel Discussion and Closing Remarks	Chairpersons and Faculty