

edes EMIRATES
DIABETES
ENDOCRINE
SOCIETY
جمعية الإمارات للسكري والغدد الصماء

edec2025

**15th EMIRATES DIABETES
& ENDOCRINE CONGRESS**

8-10 FEBRUARY 2025

**DUBAI INTERNATIONAL CONVENTION AND
EXHIBITION CENTRE, UAE**

SCIENTIFIC PROGRAM



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07:30 - 08:30 Registration			
08:30 - 08:45 Introduction & Opening Remarks: Dr. Fatheya AlAwadi Dr. Juma Al Kaabi			
08:45 - 10:15 State of Art Lectures / Plenary Chairpersons: Mohamed Hassanein Elamin Abdelgadir			HALL 1 (RASHID E)
08:45 - 09:15	State of Art 1: Screening, Prevention & Staging of T1DM		Colin Dayan, UK
09:15 - 09:45	State of Art 2 : Diabetes & Technology - What's New?		Partha Kar, UK
09:45 - 10:15 Plenary Session - New Guidelines on Diagnosis & Management of Acromegaly			Maria Fleseriu, USA
10:15 - 10:45 Opening Ceremony			
10:45 - 11:15 Exhibition / Coffee Break / Poster Session / Product Theatre			
10:45 - 11:00 Product Theatre: Lilly			
11:00 - 11:15 Product Theatre: NovoNordisk			
	HALL 1 (RASHID E)	HALL 2 (RASHID D)	HALL 3 (RASHID C)
11:15 - 13:15	MTP: Diabetes & Technology Chairpersons: Ahmed El Laboudi Nancy Elbarbary	MTP: Endocrine Chairpersons: Khaled Al Dahmani Adnan Ajmal	MTP: Pediatric Chairpersons: Asma Jassim Elham Alamiri
11:15 - 11:45	CGM- Standard of Care for Diabetes Partha Kar, UK	Radiological & Biological Risk Stratification of Pituitary Tumors Laurence Katznelson, USA	A Holistic Approach to Managing Type 2 Diabetes in Adolescents Seema Kumar, USA
11:45 - 12:15	Insulin Pump Update (Made Easy) Mohammed Al-Sofiani, Saudi Arabia	Individualized Management of Cushing's Disease, Striving for Personalized Care Maria Fleseriu, USA	Short Stature - Beyond Growth Hormone Therapy Hussain Al Saffar, Oman
12:15 - 12:45	Weekly Insulin Injection Colin Dayan, UK	Management of Hyperprolactinemia Margaret Wierman, USA	Obesity and Metabolic Syndrome Management Seema Kumar, USA
12:45 - 13:15	Debate: CGM Should be Offered for T2D Not on Insulin Yes: Colin Dayan, UK No: Partha Kar, UK	Dopamine Agonist Resistant Prolactinoma Laurence Katznelson, USA	
13:15 - 14:15 Lunch Break / Exhibition / Poster Session / Industry Symposium			
	HALL 1 (RASHID E)	HALL 2 (RASHID D)	HALL 3 (RASHID C)
13:15- 13:45		Industry Symposium: Lilly	
13:45 - 14:15		Industry Symposium: NovoNordisk	
14:15 - 15:45	MTP: Dysglycaemia & CVD Chairpersons: Moayed Alhelfi Omer Ali	MTP: Endocrine Chairpersons: Moussa Al Malki Omar Dhaimat	Diabetes Educator Workshop Chairperson: Mariam Muayyad Dabbus
14:15 - 14:45	Pre-Diabetes in UAE Mohamed Hassanein, UAE	Challenging Cases in Acromegaly Maria Fleseriu, USA	Emerging Types of Diabetes Beyond What We Know: Insights From Real Case Scenarios Sijomol Skaria, UAE
14:45 - 15:15	Effective Management of Cardiovascular Risk in Pre-diabetes Hani Sabbour, UAE	Update on Hypophysitis Laurence Katznelson, USA	Systematic Approach: Overcoming Diabetes with the 7 Pillars of Self-Management Mohammad Khalifah, UAE
15:15 - 15:45	Interactive Case Mohamed Hassanein, UAE Hani Sabbour, UAE	Update on the Management of Adrenal Incidentalomas Yasir Elhassan, UAE	Diabetes Education Today: Emerging Queries and Updates Beyond the Basics Mai Yaghi, UAE
15:45 - 16:15 Exhibition / Coffee Break / Poster Session / Industry Symposium / Product Theatre			
	HALL 1 (RASHID E)	HALL 2 (RASHID D)	HALL 3 (RASHID C)
15:45 - 16:15		Industry Symposium: Bayer	Industry Symposium: Astrazeneca
15:50 - 16:05 Product Theatre: Recordati			
16:15 - 17:15 State of Art Lectures Chairpersons: Salah Abusnana Dawlat Sany			HALL 1 (RASHID E)
16:15 - 16:45	State of Art 3: Practical Tips for Secondary Hypertension Management		Richard Auchus, USA
16:45 - 17:15	State of Art 4: Management of Diabetic Kidney Disease (DKD) Across All Stages Sandra Taler, USA		



07:30 - 08:30 Registration			
08:30 - 10:15		State of Art Lectures Chairpersons: Ahmed Hassoun Aly Khalil	
		HALL 1 (RASHID E)	
08:30 - 09:00	State of Art 5: Integrating Cardiovascular, Renal, and Metabolic Health into Patient Care: Unraveling the Interconnected Pathophysiology and Therapeutic Advances		David Strain, UK
09:00 - 09:30	State of Art 6: Use of the AI in Thyroid Diseases: Between the Probe and AI		Sarah Mayson, USA
09:30 - 10:00	State of Art 7: Diabetic Neuropathy Update		Rayaz Malik, Qatar
10:00 - 10:30 Exhibition / Lunch Break / Poster Session / Industry Symposium / Product Theatre			
		HALL 1 (RASHID E)	HALL 2 (RASHID D)
			HALL 3 (RASHID C)
10:00 - 10:30			Industry Symposium: Servier
		Industry Symposium: Abbott EPD	
10:00 - 10:15 Product Theatre: NovoNordisk			
10:15 - 10:30 Product Theatre: Lilly			
		HALL 1 (RASHID E)	HALL 2 (RASHID D)
			HALL 3 (RASHID C)
10:30 - 12:00	New Guidelines Chairpersons: Thamer Alessa Nasreen Al Sayed Dawlat Sany		MTP: Women's Health Chairpersons: Huda Ezzedine Fauzia Rashid
		MTP: Pediatric Chairpersons: Noura Al Hassani Sareea Al Remethi	
10:30 - 11:00	10:30 - 11:15 Session 1 - EDES: Diabetic Nephropathy Guidelines		Practical Tips in Management of PCOS / Update Bulent Yildiz, Turkey
	10:30 - 10:40 Reality Check: Are We Achieving Treatment Targets? Mohamed Hassanein, UAE		
11:00 - 11:30	10:40 - 11:00 New Guidelines - How to Screen and How to Treat? Alaaeldin Bashier, UAE		Menopausal Hormone Therapy in 2025 Margaret Wierman, USA
	11:00 - 11:15 Discussion and Q&A Mohamed Hassanein, UAE Alaaeldin Bashier, UAE		
11:30 - 12:00	11:15 - 12:00 Session 2 -EDES-GCC Diabetic Retinopathy Guidelines		Female Hirsutism Across Age Timeline Bulent Yildiz, Turkey
	11:15 - 11:25 Why Do We Need New Guidelines? Fathey Alawadi, UAE		
	11:25 - 11:35 Role of Diabetologist Rayaz Malik, Qatar		
	11:35 - 11:45 Role of the Ophthalmologist Noura Al Mansouri, UAE		
		11:45 - 12:00 Interactive Panel Discussion All Speakers	
		Thyroid Disorders in Peadiatrics - Case Scenarios Hussain Al Saffar, Oman	
12:00 - 13:30 Exhibition / Lunch Break / Poster Session / Industry Symposium / Product Theatre			
12:00 - 12:20 Product Theatre: Abbott			
		HALL 1 (RASHID E)	HALL 2 (RASHID D)
			HALL 3 (RASHID C)
12:00 - 12:30			Industry Symposium: NovoNordisk
12:30 - 13:00			Industry Symposium: Lilly
13:00 - 13:30			Industry Symposium: Boehringer Ingelheim
		Industry Symposium: Sanofi	
12:50 - 13:10 Product Theatre: Vivus			

	HALL 1 (RASHID E)	HALL 2 (RASHID D)	HALL 3 (RASHID C)
13:30 - 15:00	MTP: The Liver and the Kidney Chairpersons: Khadijah Hafidh Khaled Al Dahmani	MTP: Men's Health Chairpersons: Mohammed Abdellatif Salem Beshyah	Diabetes Educator Workshop Chairperson: Maryam Edraki
13:30 - 14:00	13:30 - 14:15 Metabolic Dysfunction-associated Steatotic Liver Disease (MASLD) Zobair M. Younossi, USA	Anabolic Steroid Abuse Shehzad Basaria, USA	Using Digital Health Tools in Diabetes Management: Do We Have the Right Interpretation Skills? Zainab Al-Abadla, UAE
14:00 - 14:30	14:15 - 15:00 How to Prevent Renal Impairment: Optimizing Treatment of Hypertension in Patients with Chronic Kidney Disease Sandra Taler, USA	Management of Fertility in Congenital Adrenal Hyperplasia Yasir Elhassan, UAE	Diabetes and the Mind: Strengthening Psychological Health for Better Control Nesreen Aldawi, UAE
14:30 - 15:00		Approach to Hypogonadism and Male Fertility Management Shehzad Basaria, USA	The Road to Mastering Carb Counting: Connecting the Hacks, Tips & Tricks for Better Control Faten Bayado, UAE
15:00 - 15:30	Exhibition / Coffee Break / Poster Session / Industry Symposium		
	HALL 1 (RASHID E)	HALL 2 (RASHID D)	HALL 3 (RASHID C)
15:00 - 15:30			Industry Symposium: Novartis
15:00 - 15:30	Product Theatre: Insulet		
15:30 - 16:30	Plenary / State of Art Chairpersons: Raya AlMazrouei Asma Al Jaberi		HALL 1 (RASHID E)
15:30 - 16:00	Plenary Session - New Steroids and Treatments for Congenital Adrenal Hyperplasia		Richard Auchus, USA
16:00 - 16:30	State of Art 8: Transforming Osteoporosis Care: A New Paradigm in Management		Margaret Wierman, USA



07:30 - 08:30	Registration	
08:30 - 09:30	Plenary / State of Art Chairpersons: Sara Suliman Ali Zahrani	
08:30 - 09:00	Plenary: Obesity Management: Now & on the Horizon	Carel Le Roux, Ireland
09:00 - 09:30	State of Art 9: ATA Guidelines on Thyroid Nodule Evaluation: What's New in 2025?	Sarah Mayson, USA
09:30 - 11:00	Oral Presentations Chairpersons: Salah Busnana Juma Al Kaabi Mohamed Hassanein	
09:30 - 09:42	Comparison of Glycemia Risk Index and Time in Range for Assessing Glycemic Control in Pediatric Patients with Diabetes	Mohammad Hosny, UAE
09:42 - 09:54	Thyroid Nodules Stratification by American Thyroid Association and American College of Radiology Lexicons: Thi-Qar Study	Mahmood Thamer, Iraq
09:54 - 10:06	Assessing Glucagon Like Peptide-1 Receptor Agonist Response for Treating Metabolic-dysfunction Associated Steatotic Liver Disease in Patients with Type-2 Diabetes Mellitus	Adnan Agha, UAE
10:06 - 10:18	Investigation of Dietary and Lifestyle Parameters Associated with Exocrine Pancreatic Insufficiency and Dietary Habits in Type 2 Diabetes Patients	Raghad Nazzer Azem, UAE
10:18 - 10:30	Kidney Disease and Risk of Diabetic Ketoacidosis in Type 1 Diabetes	Abdulmohsen Baksh, Saudi Arabia
10:30 - 11:00	Awards	
11:00 - 11:30	Coffee Break	
	HALL 1 (RASHID E)	HALL 2 (RASHID D)
11:30 - 12:30	MTP: Obesity Chairpersons: Sara Suliman Noor Al Busaidi	MTP: Endocrine Inpatient Consult Chairpersons: Budoor Alemadi Rahila Bhatti
11:30 - 12:00	UAE Obesity Data Part 1: The Prevalence of Obesity in UAE Elamin Abdelgadir, UAE Part 2: Regional Challenges in Obesity Management Salah Abusnana, UAE	Peri-op Management of Thyroid Disorder Alaaeldin Bashier, UAE
12:00 - 12:30	Post Bariatric Surgery Care Focusing On Hypoglycemia Carel Le Roux, Ireland	Adrenal Emergencies Yasir Elhassan, UAE
12:30 - 13:30	MTP: Pregnancy Chairpersons: Khadijah Hafidh Alaaeldin Bashier	MTP: Metabolic Bone Disease Chairpersons: Juma Al Kaabi Hussein Saadi
12:30 - 13:00	Hyperglycemia in Pregnancy - From Theory to Practice Ian Blumer, Canada	Osteoporosis Evaluation Beyond DXA Asma Al Jaber, UAE
13:00 - 13:30	Thyroid Disease in Pregnancy - From Theory to Practice Ali Zahrani, Saudi Arabia	Challenging Cases in Management of Parathyroid Disorder Mohamed AlMohaya, Saudi Arabia
13:30 - 14:30	Lunch Break	
14:30 - 15:30	State of Art Lectures Chairpersons: Juma Al Kaabi Ahmed Hassoun	
14:30 - 15:00	State of Art 10: Hyperglycaemia in Pregnancy - Update	Ian Blumer, Canada
15:00 - 15:30	State of Art 11: Diabetes Pills or Blade	Carel Le Roux, Ireland
15:30 - 15:45	Closing Remarks	

INDUSTRY SYMPOSIUMS

Day 1 - Saturday, 08 February 2025

13:15 - 13:45 **Panel Discussion: Recognition and Management of Clinical Obesity** [HALL 2 \(RASHID D\)](#)
Chairperson: Suhel Ashraf
Speakers: Iain Cranston, UK | Khadija Hafidh, UAE

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13:45 - 14:15 **Semaglutide 2.4mg: Uniting against Obesity and Cardiovascular Disease** [HALL 2 \(RASHID D\)](#)
Chairperson: Elamin Abdelgadir, UAE
Speaker: Rahila Bhatti, UAE

Sponsored by



15:45 - 16:15 **The Role of Kerendia in the CKM Management** [HALL 2 \(RASHID D\)](#)
Speaker: Mohamed Hassanien, UAE

Sponsored by



15:45 - 16:15 **Transforming the Landscape of Chronic Kidney Disease with Dapagliflozin** [HALL 3 \(RASHID C\)](#)
Speaker: Wasim Ahmed, UAE

Sponsored by



PRODUCT THEATRE

Day 1 - Saturday, 08 February 2025

10:45 - 11:00 **T2D Case Discussion** [Exhibition Hall](#)
Speaker: Khadija Hafidh, UAE

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11:00 - 11:15 **Transforming T2D Management: The PIONEERING Impact of Oral Semaglutide with Ramadan Insights** [Exhibition Hall](#)
Speaker: Mohamed Hassanein, UAE

Sponsored by



15:50 - 16:05 **Osilodrostat: State-of-the-Art Management of Cushing's Syndrome** [Exhibition Hall](#)
Speaker: Maria Fleseriu, USA

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INDUSTRY SYMPOSIUMS

Day 2 - Sunday, 09 February 2025

- 10:00 - 10:30 **Dyslipidemia: Strike Early, Strike Strong** **HALL 2 (RASHID D)**
Speaker: Leila Hachmi , UAE
Sponsored by  **SERVIER**
moved by you
- 10:00 - 10:30 **Improving Outcomes for Patients with Dyslipidemia and Diabetic Retinopathy** **HALL 3 (RASHID C)**
Speaker: Mohamed Mahmoud Aly Hassanein, UAE
Sponsored by  **Abbott**
- 12:00 - 12:30 **Transforming Type 2 Diabetes Care: Embracing the Comprehensive Potential of Semaglutide** **HALL 2 (RASHID D)**
Chairperson: Alaaeldin Bashier, UAE
Speaker: David Strain, UK
Sponsored by  **Novo Nordisk**
- 12:30 - 13:00 **Rise Above Your Typical Results with Mounjaro in T2D and Obesity** **HALL 2 (RASHID D)**
Speaker: Iain Cranston, UK
Sponsored by  **Lilly**
- 13:00 - 13:30 **Role of SGLT2i in CRM Space** **HALL 2 (RASHID D)**
Speaker: Salahdeen Abusnana, UAE
Sponsored by  **Boehringer Ingelheim**
- 13:00 - 13:30 **Unlocking the Mysteries: Autoimmune Type 1 Diabetes** **HALL 3 (RASHID C)**
Speaker: Elham AlAmiri, UAE
Sponsored by  **sanofi**
- 15:00 - 15:30 **Can we Achieve Long Lasting LDL-C Control in Patients with High CV Risk?** **HALL 3 (RASHID C)**
Speaker: Hani Sabbour, UAE
Sponsored by  **NOVARTIS**

PRODUCT THEATRE

Day 2 - Sunday, 09 February 2025

- 10:00 - 10:15 **Semaglutide 2.4 mg: From Theory to Clinical Practice in Obesity Management** **Exhibition Hall**
Speaker: David Strain, UK
Sponsored by  **Novo Nordisk**
- 10:15 - 10:30 **Obesity is a Disease** **Exhibition Hall**
Speaker: Suhel Ashraf, UAE
Sponsored by  **Lilly**
- 12:00 - 12:20 **Revolutionizing Diabetes Care: Introducing FreeStyle Libre 2 Plus** **Exhibition Hall**
Speaker: Aya Alnimer
Sponsored by  **Abbott**
- 12:50 - 13:10 **A New Path To Weight Management** **Exhibition Hall**
Speaker: Santosh T. Varghese
Sponsored by  **VIVUS** | **PharmaAccess**
- 15:00 - 15:30 **Clinical Overview of the Omnipod Dash(R) Insulin Management System** **Exhibition Hall**
Speaker: Hadil Haider, UAE
Sponsored by  **Insulet**